



Office of International Programs
 331 Martindale Hall
 University, MS 38677
 Phone: 662-915-7404
 Fax: 662-915-7486
 Email: ipdept@olemiss.edu

J Visa/Status Health Insurance Requirement

The Exchange Visitor Program requires that all persons in J-1 or J-2 status have health insurance that meets the requirements listed on the reverse of this form.

J-1 and J-2 exchange visitors must maintain the health insurance during the entire duration of their program. Persons who willfully fail to maintain coverage are subject to termination from the J exchange visitor program.

J-1 Scholar Researcher/Professors who are paid by the University of Mississippi and are full-time employees for periods longer than four months are eligible for health insurance through the University of Mississippi with Blue Cross/Blue Shield of Mississippi. The Blue Cross/Blue Shield of Mississippi health insurance offered through the University of Mississippi **does not meet** the minimum requirements listed by the Department of State for medical benefits and does not offer coverage for repatriation and medical evacuation so scholars will need to purchase another health insurance policy for themselves and their J-2 dependents.

The international health insurance offered through the Office of International Programs for students and scholars exceeds all minimum requirements listed by the Department of State.

By signing below, I acknowledge that I am aware of and will comply with the Department of State requirements for insurance coverage.

Signature: _____ Date: ____/____/____
mm / dd / yyyy

Full Name: _____
Last Name (Family Name) *First Name (Given Name)*

Health Insurance Policy Information

J-1 holder	Insurance company:	Phone number of company:
	Policy number:	
Spouse	Name:	Name on policy (if different):
	Insurance company:	Phone number of company:
	Policy number:	
Child	Name:	Name on policy (if different):
	Insurance company:	Phone number of company:
	Policy number:	
Child	Name:	Name on policy (if different):
	Insurance company:	Phone number of company:
	Policy number:	



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U.S. Department of State's Insurance Coverage Requirements for Exchange Visitors¹:

- a) Sponsors shall require each exchange visitor to have insurance in effect which covers the exchange visitor for sickness or accident during the period of time that an exchange visitor participates in the sponsor's exchange visitor program. **Minimum coverage shall provide:**
- (1) Medical benefits of at least \$100,000 per accident or illness;
 - (2) Repatriation of remains in the amount of \$25,000;
 - (3) Expenses associated with the medical evacuation of the exchange visitor to his or her home country in the amount of \$50,000; *and*
 - (4) A deductible not to exceed \$500 per accident or illness.
- b) An insurance policy secured to fulfill the requirements of this section:
- (1) May require a waiting period for pre-existing conditions which is reasonable as determined by current industry standards;
 - (2) May include provision for co-insurance under the terms of which the exchange visitor may be required to pay up to 25% of the covered benefits per accident or illness; and
 - (3) Shall not unreasonably exclude coverage for perils inherent to the activities of the exchange program in which the exchange visitor participates.
- c) Any policy, plan, or contract secured to fill the above requirements must, at a minimum, be:
- (1) Underwritten by an insurance corporation having an A.M. Best rating of "A-" or above, an Insurance Solvency International, Ltd. (ISI) rating of "A-i" or above, a Standard & Poor's Claims-paying Ability rating of "A-" or above, a Weiss Research, Inc. rating of B+ or above, or such other rating as the Department of State may from time to time specify; or
 - (2) Backed by the full faith and credit of the government of the exchange visitor's home country; or
 - (3) Part of a health benefits program offered on a group basis to employees or enrolled students by a designated sponsor; or
 - (4) Offered through or underwritten by a federally qualified Health Maintenance Organization (HMO) or eligible Competitive Medical Plan (CMP) as determined by the Health Care Financing Administration of the U.S. Department of Health and Human Services.
- d) Federal, state or local government agencies, state colleges and universities, and public community colleges may, if permitted by law, self-insure any or all of the above-required insurance coverage.
- e) At the request of a non-governmental sponsor of an exchange visitor program, and upon a showing that such sponsor has funds readily available and under its control sufficient to meet the requirements of this section, the Department of State may permit the sponsor to self-insure or to accept full financial responsibility for such requirements.
- f) The Department of State, in its sole discretion, may condition its approval of self-insurance or the acceptance of full financial responsibility by the non-governmental sponsor by requiring such sponsor to secure a payment bond in favor of the Department of State guaranteeing the sponsor's obligations hereunder.
- g) An accompanying spouse or dependent of an exchange visitor is required to be covered by insurance in the amounts set forth in paragraph (a) of this section. Sponsors shall inform exchange visitors of this requirement, in writing, in advance of the exchange visitor's arrival in the United States.
- h) An exchange visitor who willfully fails to maintain the insurance coverage set forth above while a participant in an exchange visitor program or who makes a material misrepresentation to the sponsor concerning such coverage shall be deemed to be in violation of these regulations and shall be subject to termination as a participant.
- i) A sponsor shall terminate an exchange visitor's participation in its program if the sponsor determines that the exchange visitor or any accompanying spouse or dependent willfully fails to remain in compliance with this section.

¹ U.S. Department of State Bureau of Education and Cultural Affairs. Electronic Code of Federal Regulations. Title 22, Part 62, § 62.14. (Current as of November 3, 2010). Internet. [Accessed Nov. 5, 2010]
<http://exchanges.state.gov/jexchanges/>
<http://ecfr.gpoaccess.gov/cgi/t/text/text-idx?c=ecfr&sid=c329fb110ea15b0bf4b16f4d88cb4d16&rgn=div5&view=text&node=22:1.0.1.7.37&idno=22#22:1.0.1.7.37.1.1.14>